

# "MOLECULAR HYDROGEN ... better than any other ANTIOXIDANT"

Quoted by: Tyler LeBaron: Scientist and Founder of Molecular Hydrogen Foundation

“HYDROGEN exerts a beneficial affect on CELL SIGNALLING, CELL METABOLISM and GENE EXPRESSION, giving it ANTI-INFLAMMATORY, ANTI-ALLERGY and ANTI-OBESITY effects.

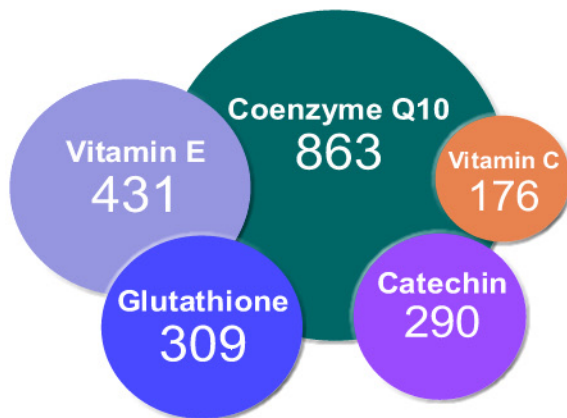
HYDROGEN also triggers AN INCREASE IN OUR BODY’S OWN ANTIOXIDANT SYSTEM ...” LeBaron

Attached CLINICAL STUDY CONCLUSION: “The results suggest that ERW is beneficial for the prevention and alleviation of oxidative stress-induced human neurodegenerative diseases.”

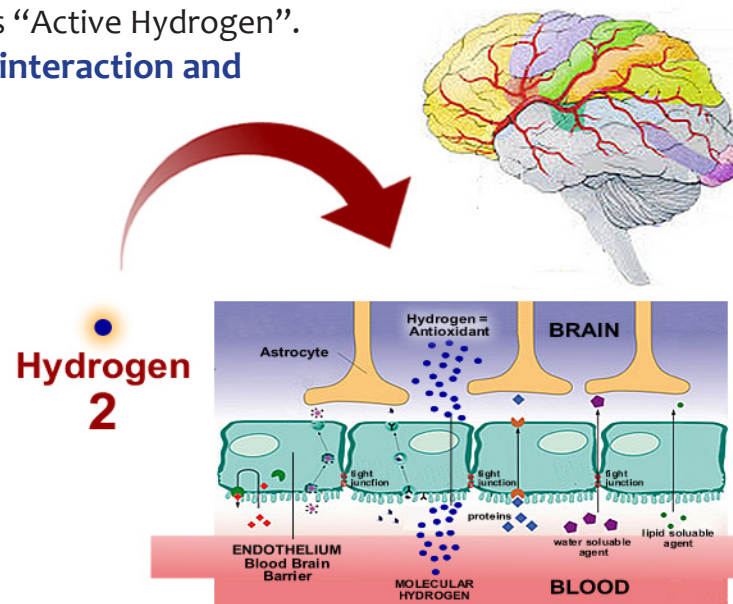
Molecular Hydrogen has also been translated/termed as “Active Hydrogen”.

“Active Hydrogen blocks the telomere/telomerase interaction and makes the LIFETIME OF CANCER CELLS LIMITED.”

Professor DR. SANETAKA SHIRAHATA



Molecular weights of different anti-oxidants vs. Hydrogen



**Able to pass through blood-brain-barrier:** oxygen, hydrogen, amino acids, glucose, alcohol, barbituate drugs, sodium, some bacteria.

Blood-Brain-Barrier (endothelial cells)

**Cannot pass through blood-brain-barrier:** viruses, most bacteria, larger molecules and other anti-oxidants

Created by: judith@water-corps.com

**Molecular Hydrogen is the smallest molecule in existence.** Because hydrogen is so small, it can penetrate deep into all cells to eliminate free radicals at their source: in the mitochondria. Also, due to its size, hydrogen can easily cross the blood-brain-barrier to eliminate free radicals in the brain. Molecular Hydrogen is created during the electrolysis process. Higher quality Electrolyzed Reduced Water (ERW) contains a lot of molecular hydrogen and a small amount of platinum nanoparticles.

**ERW is known to protect DNA from oxidative damage.** Molecular Hydrogen converts toxic oxygen radicals and turns them into water, leaving no by-products. Other antioxidants turn into weaker free radicals themselves after donating their electrons and neutralizing free radicals. “The positive effects of hydrogen have been confirmed in 138 disease models (by 2014) and scientists are very excited about its impact on disease treatment and prevention. ... The interest in hydrogen research and technology is growing exponentially.” LeBaron

MEETING ABSTRACT

Open Access

# The neuroprotective effects of electrolyzed reduced water and its model water containing molecular hydrogen and Pt nanoparticles

Hanxu Yan<sup>1</sup>, Taichi Kashiwaki<sup>2</sup>, Takeki Hamasaki<sup>2</sup>, Tomoya Kinjo<sup>1</sup>, Kiichiro Teruya<sup>1,2</sup>, Shigeru Kabayama<sup>3</sup>, Sanetaka Shirahata<sup>1,2\*</sup>

From 22nd European Society for Animal Cell Technology (ESACT) Meeting on Cell Based Technologies Vienna, Austria. 15-18 May 2011

## Background

Human brain is the biggest energy consuming tissue in human body. Although it only represents 2% of the body weight, it receives 20% of total body oxygen consumption and 25% of total body glucose utilization. For that reason, brain is considered to be the most vulnerable part of human body against the reactive oxygen species (ROS), a by-product of aerobic respiration. Oxidative stress is directly related to a series of brain dysfunctional disease such as Alzheimer's disease, Parkinson's disease etc. Electrolyzed reduced water (ERW) is a functional drinking water containing a lot of molecular hydrogen and a small amount of platinum nanoparticles (Pt NPs, Table 1). ERW is known to scavenge ROS and protect DNA from oxidative damage [1]. We previously showed that ERW was capable of extending lifespan of *Caenorhabditis elegans* by scavenging ROS [2]. Molecular hydrogen could scavenge ROS and protected brain from oxidative stress [3]. Pt NPs are also a new type of multi-functional ROS scavenger [4].

## Materials and methods

In this research, we used TI-200S ERW derived from 2 mM NaOH solution produced by a batch type electrolysis device and model waters containing molecular hydrogen and synthetic Pt NPs of 2-3 nm sizes as research models of ERW to examine the anti-oxidant capabilities of ERW on several kinds of neural cells such as PC12, N1E115, and serum free mouse embryo (SFME) cells. We pretreated the ERW and 200  $\mu$ M

H<sub>2</sub>O<sub>2</sub> and examined the neuroprotective effects of ERW on PC12, N1E115 and SFME cells, using WST-8 method. We also examined the intracellular ROS scavenging effects of ERW on N1E115 cells after pretreated cells with ERW and H<sub>2</sub>O<sub>2</sub> using DCFH-DA. We checked the protective effects of ERW on mitochondria and cytoplasm by Rh123 and Fuo-3 AM stain. We also examined the ATP production of SFME cells after pretreated with ERW and H<sub>2</sub>O<sub>2</sub> by Bioluminescence Assay Kit. Finally, we used dissolved hydrogen (DH) and Pt NPs as research models to examine their neuroprotective effects.

## Results

ERW significantly reduced the cell death induced by H<sub>2</sub>O<sub>2</sub> pretreatment (Figure 1). ERW also scavenged the intracellular ROS and prevented the decrease of mitochondrial membrane potential and ATP production induced by ROS. We also examined the neuroprotective effects of molecular hydrogen and Pt NPs and showed that both molecular hydrogen and Pt NPs contributed to the neuroprotective effects of ERW.

## Conclusion

The results suggest that ERW is beneficial for the prevention and alleviation of oxidative stress-induced human neurodegenerative diseases.

## Author details

<sup>1</sup>Graduate School of Systems Life Sciences, Kyushu University, 6-10-1 Hakozaki, Higashi-ku, Fukuoka 812-8581, Japan. <sup>2</sup>Department of Bioscience and Biotechnology, Faculty of Agriculture, Kyushu University, Fukuoka 812-8581, Japan. <sup>3</sup>Nihon Trim Co. Ltd., 1-8-34 Oyodonaka, Kita-ku, Osaka 531-0076, Japan.

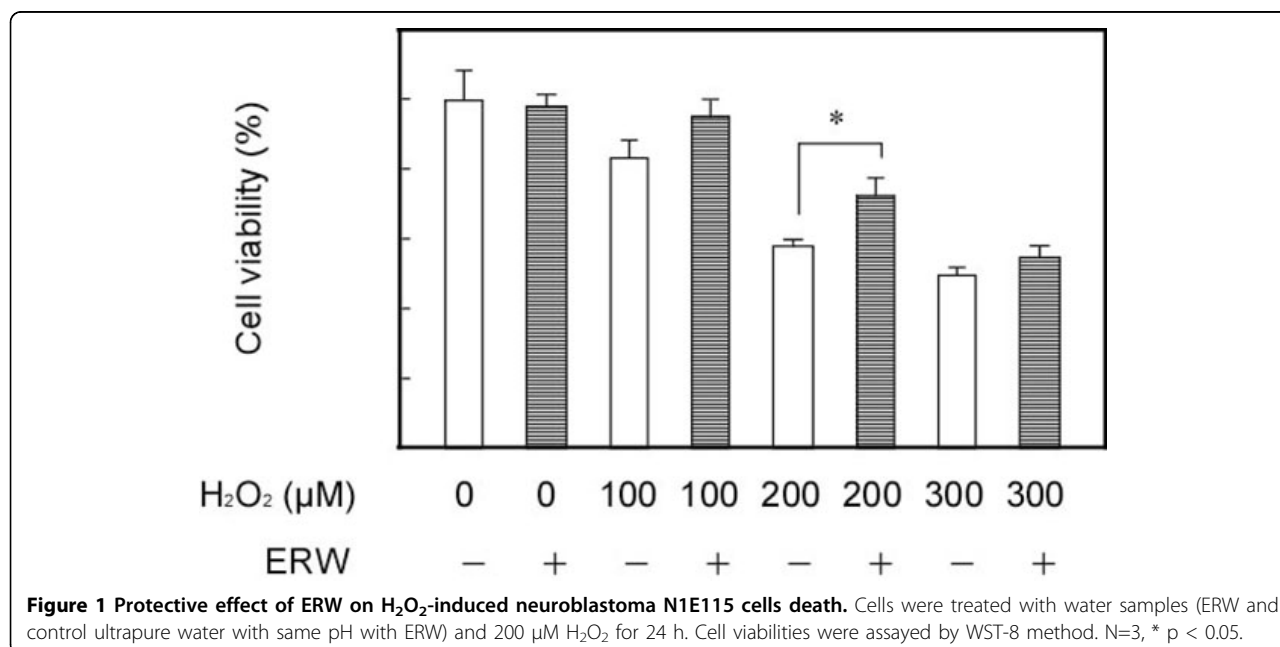
\* Correspondence: sirahata@grt.kyushu-u.ac.jp

<sup>1</sup>Graduate School of Systems Life Sciences, Kyushu University, 6-10-1 Hakozaki, Higashi-ku, Fukuoka 812-8581, Japan

Full list of author information is available at the end of the article

**Table 1 Characteristics of the water samples.**The characteristics of water samples were determined immediately after the preparation of ERW. ERW, electrolyzed reduced water; CW, activated charcoal-treated water. The pH values were shown as average  $\pm$  standard deviation (N = 5). The values of DH, DO and Pt NPs were shown the minimum and maximum values after 5 independent measurements.

	MQ (NaOH)	TI-200 ERW	TI-9000 CW	TI-9000 ERW
pH	11.3 $\pm$ 0.1	11.6 $\pm$ 0.1	7.9 $\pm$ 0.1	9.6 $\pm$ 0.2
Dissolved Hydrogen (mM)	0	0.2– 0.45	0	0.1– 0.25
Dissolved Oxygen ( $\mu$ M)	0	3.1– 78.1	0	0– 21.9
Pt NPs (nM)	0	0.5– 12.8	0	0– 3.6
Redox potential value (mV)	+ 350	-659	-	-



Published: 22 November 2011

#### References

- Shirahata S, Kabayama S, Nakano M, Miura T, Kusumoto K, Gotoh M, Hayashi H, Otsubo K, Morisawa S, Katakura Y: **Electrolyzed-reduced water scavenges active oxygen species and protects DNA from oxidative damage.** *Biophys Biochem Res Commun* 1997, **234**:269-274.
- Yan H, Tian H, Kinjo T, Hamasaki T, Tomimatsu K, Nakamichi N, Teruya K, Kabayama S, Shirahata S: **Extension of the lifespan of *Caenorhabditis elegans* by the use of electrolyzed reduced water.** *Biosci Biotech Biochem* 2010, **74**:2011-2015.
- Ohsawa I, Ishikawa M, Takahashi K, Watanabe M, Nishimaki K, Yamagata K, Katsura K, Katayama Y, Asoh S, Ohta S: **Hydrogen acts as a therapeutic antioxidant by selectively reducing cytotoxic oxygen radicals.** *Nature Med* 2007, **13**:688-694.
- Hamasaki T, Kashiwagi T, Imada T, Nakamichi N, Aramaki S, Toh K, Morisawa S, Shimakoshi H, Hisaeda Y, Shirahata S: **Kinetic analysis of superoxide anion radical-scavenging and hydroxyl radical-scavenging activities of platinum nanoparticles.** *Langmuir* 2008, **24**:7354-7364.

doi:10.1186/1753-6561-5-S8-P69

Cite this article as: Yan *et al.*: The neuroprotective effects of electrolyzed reduced water and its model water containing molecular hydrogen and Pt nanoparticles. *BMC Proceedings* 2011 **5**(Suppl 8):P69.

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at  
[www.biomedcentral.com/submit](http://www.biomedcentral.com/submit)

